

Protecting and improving the nation's health

NHS Abdominal Aortic Aneurysm Screening Programme National Research Day 2019

Newcastle

7 February



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Welcome and introduction

Gerry Stansby, Research Lead, National AAA Screening Programme

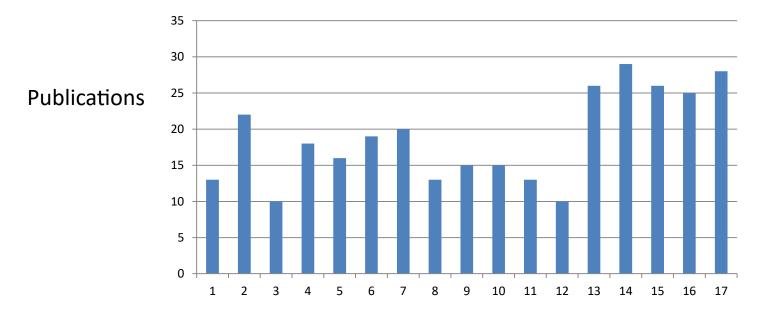
NAAASP research meeting. Newcastle upon Tyne 7th February 2019.

WELCOME!

What is Research?

- Not just randomised trials! Although they are the gold standard for treatment effects.
 - Non-randomised studies/Diagnostic test accuracy studies
 - Qualitative research
 - Audits
 - Pilot studies
- No RCTs? What do we do then?
- What do we do if there if there is too much (conflicting) research!

AAA Screening – clinical trials Publications 2001-2017 (PubMed)



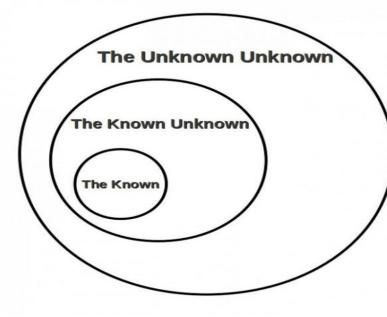
Year 2001-2017

Solutions?

- New Collaborations/Multicentre trials
- Use existing data
 - NAAASP data
 - NHS data
- Modelling
 - Economic
 - Survival
- Non-randomised designs
 - Cohort studies/subgroup comparisons
 - Propensity score matching etc
- Qualitative research/QoL research
- Audits/Service improvement done well

The unknown.

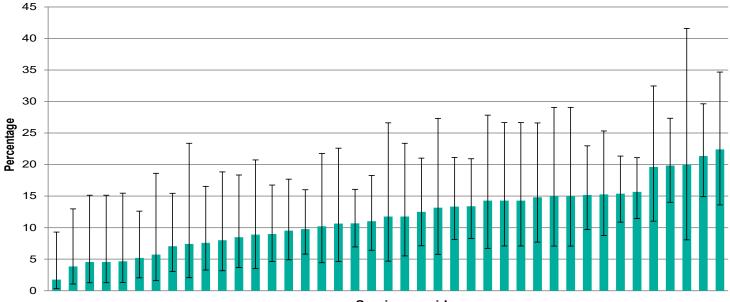
There are known knowns; there are things we know that we know. There are known unknowns; that is to say, there are things that we now know we don't know. But there are also unknown unknowns - there are things we do not know we don't know. (Donald Rumsfeld)



Generic "Screening" Research Challenges

- DNA rates and how to impact on them
- The test used how to improve them/it
 - Diagnostically more accurate
 - Functionally easier to use/administer
- Logistics/Pathways/Service delivery
- Interaction with clinical services
 - Degree of control over treatment
 - Monitoring/contracting of treatment services
- Health economics/QoL
 - Cost effectiveness
 - Guidelines (NICE)

Variation: Turndown by provider



Service provider

Why are there fewer RCT's in surgery?

- Once a surgical treatment is accepted testing against placebo is difficult - resistance exists to randomization in surgery vs nonsurgical options.
- Surgeon's eagerness to introduce new techniques
- Surgeons use to making important decisions on limited information.
- How do you account for learning curves?
- Commercial pressures (mostly bad, occasionally good)
- Difficulties with recruitment, consent and randomization.
- Surgeons know best!

AAA research committee

- If it is research the AAA screening research committee needs to know and approve it.
 - Especially if patient data is involved
- If it is Audit or service improvement projects we also need to know please.
- We are unlikely to say "no" unless there are major issues which go against SOPs or may be unethical.
- We may make suggestions how studies or evaluations could be improved.
- We may know of other studies which can provide pointers or help with study design etc
- We will respond quickly
- Dissemination of your work is essential -we can help

https://www.hra.nhs.uk/



Health Research Authority

Is my study research?

Welcome. The aim of this decision tool is to help you decide whether or not your study is research as defined by the UK Policy Framework for Health and Social Care Research.

It is based on the Defining Research table produced by the Research Ethics Service.

You will be presented with a short series of YES or NO questions. Take your time to consider the wording carefully. Once you have answered these questions the tool will let you know if your study is research.

To help you with terminology, a GLOSSARY button is available on every page. All links to individual glossary items or other websites appear in purple text and open in a new window.

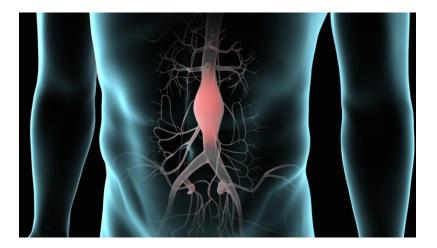
Post Market Surveillance is NOT usually considered research. However, there are some circumstances where an NHS REC approval may be required. Return to the *Do I need NHS REC approval*? tool to determine if your post market surveillance requires NHS REC approval.

Follow this link to begin.



About this tool Feedback Contact Glossary

More evidence = better decisions





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National programme update

Lisa Summers, Programme Manager, NHS AAA Screening Programme, Public Health England





NAAASP National Update AAA National Research Day

Lisa Summers National AAA Screening Programme Manager 7 February 2019

Headline figures

| Headline figures | 2009/10 to date | 2018/19 Q3 |
|--|-----------------|------------|
| Number men eligible for screening | 2,191,659 | 293,920 |
| Number of men offered screening | 2,131,292 | 259,124 |
| Number of men screened | 1,667,984 | 183,839 |
| Number of men with aorta ≥3.0 cm | 19,928 | 1,759 |
| Coverage (percentage) | 76.1 | 62.5 |
| Uptake (percentage) | 78.3 | 70.9 |
| Aneurysms detected (percentage) | 1.19 | 0.96 |
| Referred for surgery | 5,118 | 657 |
| Operated on | 3,451 | - |
| 30 day post operative mortality (percentage) | 0.52 | - |

KPIs 2018/19

Latest data published Q1 (April 2018 – June 2018)

AA2 (coverage of initial screen)

• Performance 23.2% (above acceptable threshold of 18%)

AA3 (coverage of annual surveillance screen)

• Performance 91.9% (above acceptable threshold 85%)

AA4 (coverage of quarterly surveillance screen)

• Performance 91.3% (above acceptable threshold 85%)

https://www.gov.uk/government/collections/nhs-screening-programmes-national-datareporting under the '**Reports'** section

Standards, reporting & guidance

- Revision of pathway standards implementation 1 April 2020
- Revision of data sets
- Data retention
- Advisory Group patient representatives

IT & equipment

- SMaRT:-
 - Training for Co-ordinators/Admin
 - User Group
 - Version 9.6
- Equipment specification re-evaluation



Demographic feed

- NHAIS due to be decommissioned
- SPINE Demographics will be the sole authoritative source (for England & DMS) for identifying subjects who become newly eligible for AAA screening and for providing notifications of subsequent changes to their demographic/registration details
- AAA due for transfer March/April 2019
- Will receive all men registered AND resident in England as opposed to just registered in England
- Will receive men registered with the Defence Medical Services (DMS)
- Accessible Information Standard
- Business as usual
- Future health & justice system

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Home > Abdominal aortic aneurysm screening: reducing inequalities

Public Health England

Guidance Identifying inequalities

Published 24 May 2018

Contents

Public Health England (PHE) aims to reduce health inequalities.

Legislation
 Data reports

4. Evaluation

This guidance is to help local AAA screening providers, commissioners and other public

- Data reports
 Deprivation and ethnic group analysis tool
 health specialists identify interventions that can reduce inequalities by improving access to services and outcomes.
 - Some groups of men are less likely to attend AAA screening and this may increase health inequalities. <u>Social deprivation</u> is associated with both poorer attendance at screening and follow-up, and having an AAA.

1. Legislation

The <u>Equality Act 2010</u> states that people should not be discriminated against based on their personal characteristics.

Public bodies and others carrying out public functions have a duty to consider the needs of all individuals. We need to collect information about our service users in order to provide evidence that we are doing this. This is why local providers should <u>collect</u> information about characteristics such as ethnic group.

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Abdominal aortic aneurysm screening: reducing inequalities Home

10 Public Health England

Guidance **Reducing inequalities**

Published 24 May 2018

Contents

Evidence-based recommendations

Researchers in Scotland in November 2017 carried out a systematic review of factors influencing attendance at abdominal aortic aneurysm (AAA) screening and interventions to reduce inequalities.

They made the following recommendations.

- 1. Once men have been invited for screening it may be useful to provide extra support and personal reminders to those less likely to attend.
- 2. Services should give increased consideration to travel time to clinics, particularly for men less likely to attend, and public transport use.
- 3. It may help to work alongside colleagues who share an interest in improving men's engagement with healthcare. For example, services may be able to use times when men attend other health or social care services, such as GP or acute hospital services, to discuss screening.
- 4. Interventions to reduce inequalities implemented locally should be evaluated and the results widely disseminated, so effective interventions can be implemented elsewhere and ineffective ones can be stopped.

22

recommendations Lowering barriers to attendance at initial screening appointments Engaging with public and professionals Prior notification list and DNA analysis Screening men with learning disabilities mental health facilities

Evidence-based

Screening in prisons and secure

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Home > Abdominal aortic aneurysm screening: reducing inequalities

Public Health England

Guidance Submitting examples of best practice

Published 24 May 2018

Contents

Purpose

Before submission Writing your case study

Submitting your case for shared learning

This guidance explains the national process for providers, commissioners and other stakeholders to share learning and good practice in reducing barriers to attendance for men for AAA screening.

The PHE screening quality assurance service (SQAS) and 4 nations AAA screening group review all submitted case studies before approving for publication on the <u>PHE</u> screening blog.

In addition to case studies that have reduced barriers and improved uptake, we also welcome case studies that have not been successful as these may also help providers decide what actions to take.

Before submission

Purpose

Before you submit a case for shared learning you should make sure:

• it does not conflict with the standard operating procedures for AAA screening

What next?

- Four nations ownership
- Toolkit evolution
- Submission process
- How will new inequalities initiatives be announced?
- Audit and service evaluation

Training and education

- Reaccreditation
- Health screener diploma:-
 - 17 screeners have successfully completed
 - 56 currently undertaking
- Assessor and learner support resource:-
 - Working with National Skills Academy on video resource
 - Electronic resource with information to support the mandatory units of the diploma
 - Half day update sessions in London, Birmingham and Manchester
- Review of e-learning modules for CSTs and screening technicians
 - Due to go live at the end of February 2019



• National Networking & Information Sharing day – 24 June 2019, Birmingham

Thank You!



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What don't we know? Lessons learnt and research that is still needed in AAA screening Jonothan Earnshaw, Past Clinical Lead, NHS AAA Screening Programme, Public Health England



UK National Screening Committee



Screening Programmes

Abdominal Aortic Aneurysm

Lessons learned, and research that is still needed in AAA screening NAAASP Research Day 7/2/19

Jonothan J Earnshaw Retired



Part of Public Health England



Screening Programmes

Exhausted







RCTs – the final word.....

Research Original Investigation

Western Australian Trial of Screening for Abdominal Aortic Aneurysms

Figure. Random-Effects Model for Meta-analysis of All-Cause Mortality at Longest Reported Follow-up in the 4 Trials of Abdominal Aortic Aneurysm Screening

| Study Name | Screening | | No Screening | | | | | | |
|--|------------------|--------------------|------------------|--------------------|---------------------|---------------------|------------------|------------------------|-----|
| | No. of Events | No. of Patients | No. of Events | No. of Patients | Risk Ratio (95% CI) | Favors Screening | | Favors No Screening | |
| Western Australian trial ¹ (men aged 64-83 y) | 9649 | 19249 | 9734 | 19231 | 0.990 (0.971-1.010) | - | | | |
| Chichester, United Kingdom, trial ² | 2036 | 2995 | 2067 | 3045 | 1.001 (0.967-1.037) | | | | |
| MASS ³ | 13858 | 33883 | 14134 | 33887 | 0.981 (0.963-0.998) | | | | |
| Danish trial ⁴ | 2931 | 6333 | 2964 | 6306 | 0.985 (0.949-1.022) | | | F | |
| Total | | | | | 0.987 (0.975-0.999) | | Ó | | |
| $P = .03; l^2 = 0\%$ | | | | | | 0.5 | 1. Risk Ratio | .0 0 (95% CI) | 2.0 |

MASS indicates Multicenter Aneurysm Screening Study.

The Last (Randomized) Word on Screening for Abdominal Aortic Aneurysms

Invited Commentary

Frank A. Lederle, MD



Does screening work in Sweden?

Swedish Nationwide AAA Screening Program

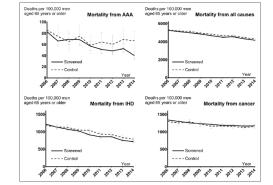


Figure 3. Time trends in mortality rates in the screened cohort (solid black line), consisting of counties that at the end of the study had screened ≥ 6 years (mean, 7.1 years), and the control cohort (interrupted gray line), consisting of counties that at the end of the study had screened for <4 years (mean, 1.5 years).

The y axis displays specific mortality per 100000 men aged ≥65 years. The x axis displays calendar year in study. Error bars indicate 95% confidence intervals of mortality rate. AAA indicates abdominal aortic aneurysm: and IHD, ischemic heart disease.

Screening Programmes

Benefits and harms of screening men for abdominal aortic aneurysm in Sweden: a registry-based cohort study



Minna Johansson, Per Henrik Zohl, Volkert Siersma, Karsten Juhl Jargensen, Bertil Marklund, John Brodersen

Summary

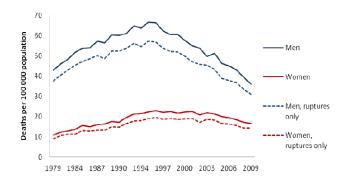
Background Large reductions in the incidence of abdominal aortic aneurysm (AAA) and AAA-related mortality mean Large 2018, 2912-2441-67 that results from randomised trials of screening for the disorder might be out-dated. The aim of this study was to See Conserve 1 page 22234 estimate the effect of AAA screening in Sweden on disease-specific mortality, incidence, and surgery. Department of Public Health and Community Medicine. Methods Individual data on the incidence of AAA. AAA mortality, and surgery for AAA in a cohort of men aged estimate of Madicine. University of Gothenburg 65 years who were invited to screening between 2006 and 2009, were compared with data from an ass-matched Gothenburg Sweden contemporaneous cohort of men who were not invited for AAA screening. We also analysed national data for all men aged 40-99 years between Jan 1, 1987, and Dec 31, 2015, to explore background trends. Adjustment for confounding Markhand Phills Cochead interestion Science University was done by weighting the analyses with a propensity score obtained from a logistic regression model on cohort year, Hospital Lund, Sweder marital status, educational level, income, and whether the patient already had an AAA diagnosis at baseline. (M Inhamiami: Nove equ Adjustment for differential attrition was also done by weighting the analyses with the inverse probability of still being Institute of Public Health Nystation, Oaki, Niorway in the cohort 6 years after screening. Generalised estimating equations were used to adjust the variance for repeated measurement and in response to the weighting. (PHC2.atd PbD); Research Un For General Practice and Findings AAA mortality in Swedish men has decreased from 36 to ten deaths per 100 000 men aged 65-74 years Department of Public Health between the early 2000s and 2015. Mortality decreased at similar rates in all Swedish counties, irrespective of University of Capanhage whether AAA screening was offered. After 6 years with screening, we found a non-significant reduction in AAA Copenhagen, Denmark mortality associated with screening (adjusted odds ratio [aOR] 0.76, 95% CI 0.38-1.51), which means that two Prof Likedenen PhDh North men (95% CI - 3 to 7) avoid death from AAA for every 10 000 men offered screening. Screening was associated with Cohand Central increased odds of AAA diagnosis (aOR 1-52, 95% CI 1-16-1-99; p=0-002) and an increased risk of elective surgery ^{BiphophaletDeps} 7811 Coperhapen, Denmar (aOR 1-59, 95% CI 1-20-2-10; p=0-001), such that for every 10000 men offered screening, 49 men (95% CI 25-73) hild Instantion DeMotFully and were likely to be overdiagnosed, 19 of whom (95% CI 1-37) had avoidable surgery that increased their risk of many Healthcare Besearch Unit, Zealand Region, Son Deemark (Prof) Brodeneri mortality and morbidity. Interpretation AAA screening in Sweden did not contribute substantially to the large observed reductions in AAA mortality. The reductions were mostly caused by other factors, probably reduced smoking. The small benefit and ment of Public Health an substantially less favourable benefit-to-harm balance call the continued justification of the intervention into question. Funding Research Unit and Section for General Practice, FoUU-centrum Fyrbodal, Sweden, and the region of Västra Götaland, Sweden.

winna inhermon@vgregion.t

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Is AAA screening working in England?



Original article

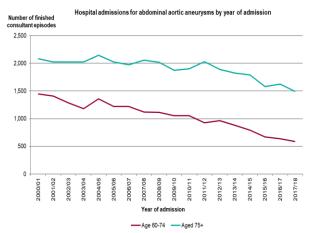
Cost-effectiveness of the National Health Service abdominal aortic aneurysm screening programme in England

M. J. Glover¹, L. G. Kim², M. J. Sweeting³, S. G. Thompson³ and M. J. Buxton¹

¹Heah Economics Research Group, Brund University, and ¹Department of Medical Statistics, Faculty of Tajalemindog and Population Heahh, London School of Hypites and Tropical Medicine, London, and ¹Department of Public Heahh and Primary Care, University of Cambridge, UK Careponduce to M.M., Colover, Heahh Economics Research Group, Brund University, Ushridge UB8 19H, UK (e-mail: Munhow CloverBillment ac.ach)

Background: Implementation of the National Health Service abdominal aortie aneurym (AAA) screening programme (NAAASP) for men aged 62 years began in England in 2009. An important element of the evidence base supporting its introduction was the economic modelling of the long-term cost-effectiveness of screening, which was based mainly on +year follow-up dust from the Multicentre Aneurym Screening Study (AASS) randomized vital. Concern has been expressed about whether this conclusion of cost-effectiveness still holds, given the early performance parameters, particularly the lower prevalence of AAA observed in NAAASP.

Methods: The existing published model was adjusted and updated to reflect the current best evidence.



Screening Programmes



Screening Programmes

Screening women

Analysis of clinical benefit, harms, and cost-effectiveness of @* (1) screening women for abdominal aortic aneurysm

Michael J Sweeting, Katya L Masconi, Edmond Jones, Pinar Ulog, Matthew J Glover, Jonathan A Michaels, Matthew J Bown, Janet T Powell, Simon & Thompson

Summary

Background A third of deaths in the UK from rupbured ablominal acrii: ancarysm (AAA) are in women. In men. Issuezzetta, 220-240, and and are constributed in the structure of th

Methods We developed a decision model to assess predefined outcomes of death caused by AAA, life years, quality adjusted life years, costs, and the incremental cost-effectiveness ratio for a population of women invited to AAA screening versus a population who were not invited to a screening. A discrete event simulation model was set up for <u>Causage</u>, (causage, up AAA screening, surveillance, and intervention. Relevant women-specific parameters were obtained from sources (including systematic literature reviews, national registry or administrative databases, major AAA surgery trials, and UK National Health Service reference costs.

Findings AAA screening for women, as currently offered to UK men (at age 65 years, with an AAA diagonsis at an asteri damater of a 3-0 cm, and electric repair considered at 3-5 scm) gave, over 19 years, an entimated incrementationation enterthander to screening required to prevent one AAAredated death and an overdingonism ist at 5.3%. A modified option for women (screening at age 70 years, diagonsis at death), and an overdingonism ist of 3.3%. There was considerable uncertainty in the constraints of the screening engined to prevent one AAAredated at an everdingonism tet of 33%. There was considerable uncertainty in the constraints of the screening engined to prevent one and verding on a screening at a 45 S cm) was estimated to have an incretainty in the constraints of the AA entrational and an everdingonism tet of 35%. There was considerable uncertainty in the constraints of the screening effectiveness ratio is Lingth driven by uncertainty about AAA prevalence, the distribution of a ords: sizes for women effectiveness ratio the effect of screening on quality of life.

interpretation [b] UK standards, an AAA screening programme for women, designed to be similar to that used to a screen ment, is while by the constructive function. The screen ment is while by the constructive function function of the screen ment is while by the screen ment is while

University of Sheffield, Sheffield, UK

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Screening Programmes

Targeted screening?

BJS11047

Original article

Targeted screening for abdominal aortic aneurysm in siblings is cost-effective

R. Hultgren^{1,2}, A. Linné³ and S. Svensjö^{4,5,6}

¹Department of Molecular Medicine and Surgery, Karolinska Institutet, ²Department of Vascular Surgery, Karolinska University Hospital, and ³Section of Vascular Surgery, Department of Surgery, Department of Clinical Science and Education, Karolinska Institutet at Södersjukhuset, Stockholm, ⁴Department of Vascular Surgery, Falun County Hospital, and ⁵Centre for Clinical Research, Falun, and ⁶Department of Surgical Sciences, Section of Vascular Surgery, Uppsala University, Uppsala, Sweden Correspondence to: Dr S. Svensjö, Department of Vascular Surgery, Falun County Hospital, Falun 79182, Sweden (e-mail: sverker.svensjo@ltdalarna.se) 12 13 14 Background: Population screening for abdominal aortic aneurysm (AAA) in 65-year-old men has been 15 shown to be cost-effective. A risk group with higher prevalence is siblings of parents with an AAA. 16 This health economic model-based study evaluated the cost-effectiveness of targeted AAA screening 17 of siblings. 18 Methods: A Markov model validated against other screening programmes was used. Two methods 19 of identifying siblings were analysed: direct questioning of patients with an AAA (method A), and a 20 second employing a national multigeneration register (method B). The prevalence was based on observed 21 ultrasound data on AAAs in siblings. Additional parameters were extracted from RCTs, vascular registers, 22 literature and ongoing screening. The outcome was cost-effectiveness, probability of cost-effectiveness 23 at different willingness-to-pay (WTP) thresholds, reduction in AAA death, quality-adjusted life-years 24 (QALYs) gained and total costs on a national scale. 25 Results: Methods A and B were estimated to reduce mortality from AAA, at incremental 26 cost-effectiveness ratios of €7800 (95 per cent c.i. 4627 to 12 982) and €7666 (5000 to 13 373) per QALY 27 respectively. The probability of cost-effectiveness was 99 per cent at a WTP of €23 000. The absolute risk 28 reduction in AAA deaths was five per 1000 invited. OALYs gained were 27 per 1000 invited. In a popula-29 tion of ten million, methods A and B were estimated to prevent 12 and 17 AAA deaths, among 2418 and 30 3572 siblings identified annually, at total costs of €499 500 and €728 700 respectively. 31 Conclusion: The analysis indicates that aneurysm-related mortality could be decreased cost-effectively 32 by applying a targeted screening method for siblings of patients with an AAA. 33 34 Paper accepted 10 October 2018 Published online in Wiley Online Library (www.bjs.co.uk). DOI: 10.1002/bjs.11047 35 36



Making every contact count....

- Smoking cessation
- Vascular health checks
- Mentioning other screening programmes
 - bowel cancer
 - prostate cancer
 - lung cancer



Research in surveillance

- 15,000 men (and others not in NAAASP)
- All arteriopaths
- Invested
- Monitored regularly



AAA rupture in surveillance

| | Number of Ruptures (N) men | | Follow-up (person-years) | Incidence rate per 100 person-years (95% CI) | |
|---------------------------|-------------------------------|----|-----------------------------|---|--------------|
| Overall | 18,652 | 31 | 50,095 | 0.06 | (0.04, 0.09) |
| Routinely invited | 15,527 | 25 | 42,220 | 0.06 | (0.04, 0.09) |
| Self-referred | 3,125 | 6 | 7,876 | 0.08 | (0.03, 0.17) |
| Initial aortic measuremer | nt | | | | |
| Grouping 1 | | | | | |
| 3·0-4·4cm | 16,430 | 20 | 46,576 | 0.04 | (0.03, 0.07) |
| 4-5-5-4cm | 2,222 | 11 | 3,519 | 0.31 | (0.17, 0.56) |
| Grouping 2 | | | | | |
| 3·0-4·9cm | 17,883 | 28 | 49,349 | 0.06 | (0.04, 0.08) |
| 5-0-5-4cm | 769 | 3 | 746 | 0.40 | (0.13, 1.25) |
| Last known aortic measur | rement | | | | |
| Grouping 1 | | | | | |
| <3.0cm | - | 0 | 1,713 | 0 | - |
| 3·0-4·4cm | - | 13 | 41,788 | 0.03 | (0.02, 0.05) |
| 4·5-5·4cm | - | 18 | 6,532 | 0.28 | (0.17, 0.44) |
| 5-5cm+ | - | 0 | 32 | 0 | - |
| Grouping 2 | | | | | |
| <3.0cm | - | 0 | 1,713 | 0 | |
| 3·0-4·9cm | - | 20 | 45,594 | 0.04 | (0.03, 0.07) |
| 5·0-5·4cm | - | 11 | 2,726 | 0.40 | (0.22, 0.73) |
| 5-5cm+ | - | 0 | 32 | 0 | |

Men safe in surveillance in NAAASP No need to change referral threshold



Deaths in surveillance

| | Number of men | Deaths (N) | Follow-up | Mor | tality rate pe |
|---------------------|---------------|------------|-----------|------|----------------|
| | | | (person- | 100 | person-years |
| | | | years) | | (95% CI) |
| Overall | 18,652 | 981 | 50,103 | 1.96 | (1.84-2.08) |
| Routinely invited | 15,527 | 802 | 42,226 | 1.90 | (1.77-2.04) |
| Self-referred | 3,125 | 179 | 7,877 | 2.27 | (1.96-2.63) |
| Initial AAA measure | ment | | | | |
| Grouping 1 | | | | | |
| 3·0-4·4cm | 16,430 | 912 | 46,581 | 1.96 | (1.83-2.09) |
| 4·5-5·4cm | 2,222 | 69 | 3,522 | 1.96 | (1.55-2.48) |
| Grouping 2 | | | | | |
| 3·0-4·9cm | 17,883 | 966 | 49,354 | 1.96 | (1.84-2.08) |
| 5·0-5·4cm | 769 | 15 | 749 | 2.00 | (1.21-3.32) |
| Last known AAA me | asurement | | | | |
| Grouping 1 | | | | | |
| <3·0cm | | 19 | 1,713 | 1.11 | (0.71-1.74) |
| 3·0-4·4cm | | 826 | 41,790 | 1.98 | (1.85-2.12) |
| 4·5-5·4cm | | 134 | 6,535 | 2.05 | (1.73-2.43) |
| 5·5cm+ | | 2 | 33 | 6.02 | (1.51-24.08) |
| Grouping 2 | | | | | |
| <3.0cm | | 19 | 1,713 | 1.11 | (0.71-1.74) |
| 3·0-4·9cm | | 896 | 45,597 | 1.97 | (1.84-2.10) |
| 5·0-5·4cm | | 64 | 2,729 | 2.35 | (1.84-3.00) |
| 5-5cm+ | | 2 | 33 | 6.02 | (1.51-24.08) |

Mortality around 2%/annum



Causes of death in surveillance

AAA 3%

Cancer 31%

Vascular or cardiac 26%

Other (non cancer, non cardiac) 29%

Unknown 10%



Should referral threshold be changed?



The NEW ENGLAND JOURNAL of MEDICINE

SPECIALTIES & TOPICS * FOR AUTHORS * OME ARTICLES & MULTIMEDIA * ISSUES * CME > This article is available to subscribers. Access t Sign in now if you're a subscriber SUE Free Preview A PRINT | 🖸 E-MAIL | 🕣 DOWNLOAD CITATION | 🜔 PERMISSIONS Or purchas ORIGINAL ARTICLE Print Sub Thresholds for Abdominal Aortic Aneurysm Repair in England and the United States Why S Alan Karthikesalingam, Ph.D., M.R.C.S., Alberto Vidal-Diez, Ph.D., Peter J. Holt, Ph.D., F.R.C.S., Ian M. Loftus, M.D. Your NEJM (Res.), F.R.C.S., Marc L, Schermerhorn, M.D., Peter A, Soden, M.D., Bruce E, Landon, M.D., and Matthew M. NEJM iPa Thompson, M.D.(Res.), F.R.C.S. N Engl J Med 2016: 375:2051-2059 November 24, 2016 DOI: 10.1056/NEJMoa1600931 NEIM.org • 20 FREE (Share: 🛃 🔛 👯 🛅 🔂 • 50 FREE / (1812-198 MEDIA IN THIS ARTICLE BACKGROUND FIGURE 1 Thresholds for repair of abdominal aortic aneurysms vary

....study does not conclusively prove that the lower operation rate in England is the only cause of the higher number of aneurysm deaths.

Health

'Concern' as study highlights aneurysm death rate

By James Gallagher Health and science reporter, BBC News website

24 November 2016 Health

< Share



The death rate from abdominal aortic aneurysms is more than three times higher in England than in the US, analysis of official data shows.

The weakening and swelling of the main blood vessel from the heart is normally fatal if it bursts.



Monitoring in surveillance

- Reducing surveillance intervals
- Personalised surveillance
 - genetics
 - individual factors
 - scan history
- Risk factor monitoring
 - improved nurse surveillance
 - prehabilitation

| ORIGINAL CONTRIBUTION | | | | |
|---|--|--|--|--|
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| | tervals for Smal | Abdominal | | |
| | | Abdominal | | |
| Aortic Aneurys | ms | | | |
| A Meta-analysis | | | | |
| The RESCAN Goliaboration* | Importance Small abdominal april: and | aryseni (AAAs (3.0 cm-5.4 cm in diameter)) | | |
| int MANYAL RATE FOLLOWING require of an abdressinal acr- | are received by ultrasound surveillance. The intervals between surveillance scars should be chosen to detect as expanding aneuryon prior to rupture. | | | |
| tic aneurysin (AAA) is only 20%,' making AAAs an impor- | Objective To keel risk of annuryon rupture or excessive growth by optimizing ul- transured surveillance intervals. | | | |
| tasse cause of mortality. In the United States in 2009, there were 6500 AAA- | Data Sources and Study Selection: individual patient data from studies of small AAA growth and copture were assessed. Studies were identified for inclusion through a sustainable: Identities earch through December 2010, Study authors were con- | | | |
| related deaths. ² AAAs are usually asymptomatic until rupture occurs. A | a systematic iterature search through December 2010. Study authors were con- tacted, which yielded 18 data sets providing repeated ultracound reeasurements of AAA diareter over lines in 15.471 patients. | | | |
| 10-year randomized trial of ultra- sound screening in the United King- | Data Extraction: AAA diameters were analyzed using a random-effects model that allowed for between-patient waisability in size and growth rate. Rapiare rates were | | | |
| dom vadaced rightered ancoryum- related death rates from 0.07% to 0.40% | anowno to receiver spaces variately in set and governing. Industry the set andyme by proportional hazards regression using the model AAA data time-saying covariate. Predictions of the risks of exceeding 5.5-cm diameter and of ragium within given time intervals were estimated and pooled across studies by ran- dom effects meta-analysis. | | | |
| (relative risk reduction, 40%; 03% CL 37%-37%). ⁵ Screening is recom- | | | | |
| mended by the US Preventive Services Task Force for men aged 65 to 74 years | Results AAA provits and rupture rates varie increase in AAA diameter, generits rates incre | of considerably across studies. For each 0:5-cm seed on average by 0:59 mm per year (96%) | | |
| who have ever smoked." Following de- tection of AAA (aortic diameter #3.0 | Cl. 0.51-0.66 and rupture rates increased to example, to control the AAA growth mixing | by a factor of 1.91 (995% CI, 1.61-2.25). For men of exceeding 5.5 cm to below 10%, on | | |
| cm), the principal sargical strategy is to repair the AAA before rupture sc- | suble an B-month interval (95% CL 7-103 k | % C), 6.7-8.1) is sufficient for a 3.0-cm AAA, recensary for a 5.0-cm AAA. To control the responding estimated surveillance intervals | | |
| cars. However, elective open AAA re- pair is associated with a 5% mortality | are 8.5 years (95% Ct, 7.0-10.5) and 17 m | ontifs (95% C), 14-223. | | |
| rain.1 Although the operative risk to lower than 2% for patients undergo- | Conclusion and Balevance to contract to the commonly adopted surveillance in- ternals in current AAA scenning programs, surveillance internals of several years may be choicably acceptable for the majority of patients with small AAA. | | | |
| ing endovancular repair," late compli- cations make the long-term concernes | MANA 2012/2010/2014-213 | Personal succession of the second sec | | |
| statilar, trrespective of operative ap- penach. ⁹ In particula with small AAA (diam- | substantial variation in growth rates be- | uses, resulting in an inability to aggre- | | |
| | tween different individuals. ⁴ The inter- vals between ultrasound surveillance | gate studies. ¹⁷²⁴ Rarely is the variability in growth rates between patients re- | | |
| eter <5.5 cm), the risk of supmere is | examinations used in randomized trials of scorening ^{1,6} depend on aneuryom | ported, a lactor that should be consid- *Autom/WECAN Californian and Autor ANN- | | |
| eter <5.5 cm), the risk of rupture is lower than the risk of surgery and sur- veillance is indicated. ⁷ The majority of | size. However, no consenses exists re- | allows are listed at the end of this article. | | |
| eter <5.5 cm), the risk of rupture is lower than the tisk of nargery and su- veillance is indicated. ⁷ The majority of small AAAs grow slowly, but three is | manding the optional time innervals he- | | | |
| eter <5.5 cm), the risk of reprore is lower than the tisk of regress and so- cellance is indicated. The majority of small AAAs grow slowly, but thure is wrow jaccaselable online at wrow jaccaselable online at and questions on p BD. | | deseasable Epideraningy Unit, Department of Rub- fe Health and Formery Care, University of Care- bridge, Cardonige, Depart 1g02748weithchi care an adu | | |



Reducing AAA growth

- Medication: metformin
- Risk factor management (smoking)



Discharge from surveillance

- · Combination of age and diameter
 - 83 years old 3.9cm
 - 71 years old 3.2cm
 - 75 years old 4.7cm
- Previous scan history
- Artificial intelligence



Nursing workshop: proposal

Nurse assessments

(i) 'fit for open repair'

(ii) cardiovascular risk reduction

All

Within 3 months of diagnosis (face to face)

There months later (telephone)

Men with small AAA

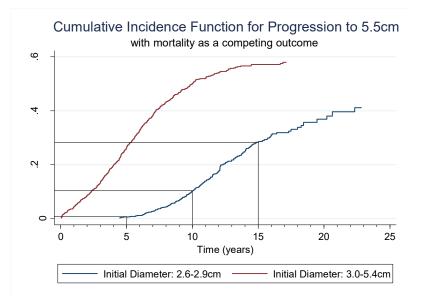
Repeat above at intervals (? Every 2/4/6 years)

Men with medium AAA

Repeat annually + prehabilitation



Subaneurysmal aorta at age 65





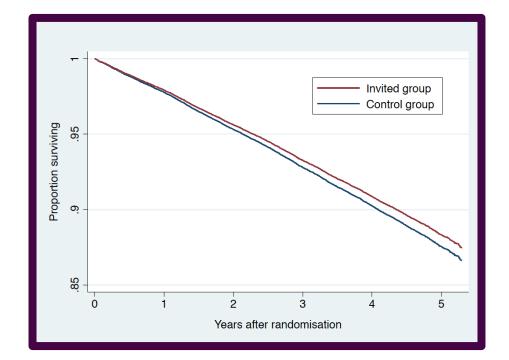
Men with subaneurysmal aorta at age 65: the case for surveillance

- Systematic review: case not yet made
- Need further information:
 - effect of prolonged surveillance on QoL
 - operation rate and outcomes

Ongoing project to collect QoL and outcome data for modelling study of cost effectiveness



Extended vascular screening: VIVA trial 2017





Extended vascular screening

- VIVA trial (2017): AAA screening, blood pressure, ABPI and cholesterol. Men aged 65-74. 7% reduction in mortality at 5 years
- UK: AAA screening plus vascular health checks
- DANCAVAS (reported at ESVS): CT screening whole aorta, ECG (for AF), ABPI, bloods. Men aged 65-74.
 30% have an abnormality - results 2021

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Visualization of asymptomatic atherosclerotic disease for optimum cardiovascular prevention (VIPVIZA): a pragmatic, open-label, randomised controlled trial

Prof Ulf Näslund, PhD 🔗 🖂 - Prof Nawi Ng, PhD + Anna Lundgren, MD + Eva Fhärm, PhD + Christer Grönlund, PhD + Helene Johansson, PhD + et al. Show all authors

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Research in AAA screening: top tips

- Subaneurysmal aorta: QoL assessment and modelling
- Personalised surveillance intervals
- Discharge from surveillance
- Metformin to reduce AAA growth
- Is screening working?